HUDSON
INSTITUTE OF MEDICAL RESEARCH

SCREENINGS ADD UP TO GOOD HEALTH

HIGH blood pressure continues to claim the lives of millions worldwide each year, despite the fact it only takes minutes to detect through screening.

To lead the way in reversing the trend, Clayton's Hudson Institute of Medical Research is teaming up with Monash Health to take part in May Measurement Month, a global initiative where families, community members, patients and staff can receive a free blood pressure test throughout May. Dr Jun Yang, a Hudson Institute researcher and Monash Health endocrine hypertension service head, is coordinating the month locally with a cardiovascular endocrinology laboratory PhD student Dr Renata Libianto.

They are encouraging everyone to have their blood pressure checked.

Free blood pressure checks will be available in the Monash Medical Centre main foyer from 10am to 2pm every weekday until May 31.

Dr Jun Yang and Dr Morag Young check a person's blood pressure.